



Tools For Action

A sample of physical education initiatives in Wisconsin

Project ACES

Contact Information

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Program Information

Program Name
Project ACES
Program Category
All school PE events or activities
Grade Level
Elementary School (K-2); Elementary School (3-5); Middle School (6-8)
Assessment Method

Program Information

Products Developed or Materials Used:

Program Description:

The whole school goes to the football field and track to exercise and dance together to celebrate Get Movin' Wisconsin and Project ACES (All children exercising simultaneously) Each grade level teacher is asked to come up on the bleachers and lead the students in their version of several dances and exercises. Some examples of the activities performed that day include: Cha Cha Slide Macarena Chicken Dance Hokey Pokey Mousercise Twist Line Dance

For information on other **Physical Education Best Practices**, visit the website at:

<http://dev.dhfs.wisconsin.gov/health/physicalactivity/PEhome/> or contact Jon Hisgen at jon.hisgen@dpi.state.wi.us

For information on how your school could become a **Governor's Healthy School Award** winner, visit the website at:

<http://www.schoolhealthaward.wi.gov/> or contact Brian Weaver at brian.weaver@dpi.state.wi.us

For more information on nutrition and physical activity, visit the **Wisconsin Nutrition & Physical Activity Program's website** at:

<http://dhfs.wisconsin.gov/health/physicalactivity/>

or contact staff at: Meineam@dhfs.state.wi.us (Amy Meinen, Nutrition Coordinator)

Morgajg@dhfs.state.wi.us (Jon Morgan, Physical Activity Coordinator)

Pesikme@dhfs.state.wi.us (Marv Pesik, Program and Grant Coordinator)